

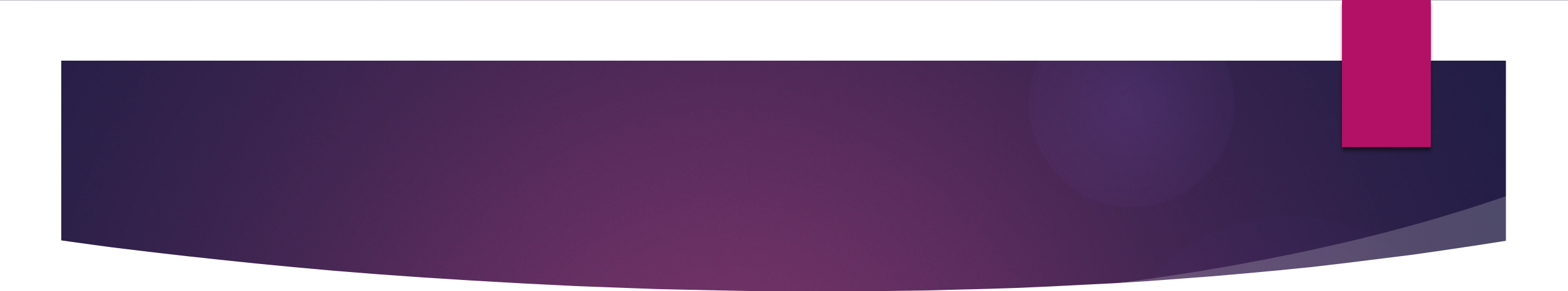


Keep Maine Healthy Health Ambassador

MODULE ONE: OVERVIEW

Congratulations!

Congratulations on being selected as a Keep Maine Healthy Ambassador! This is an integral role in keeping residents and visitors healthy and safe and we appreciate your participation.



Recognizing that symptom checks are of most value at the local level, the Department of Health and Human Services has partnered with the Maine Community College System to train Maine students to be **Health Ambassadors**.

Corner Stones

Keep Maine Healthy rests on Three Corner Stones:

- ▶ Testing as an Alternative to Quarantine
- ▶ Increasing Symptom Checking
- ▶ Supporting Local Public Health and Prevention Efforts

Your role as a Health Ambassador helps to support these efforts!

What does a Health Ambassador do?

In this role, you will be engaging with visitors in **high-traffic** places in **tourist destinations**, such as **visitors' centers** and **parking lot entrances** about **Covid-19 symptoms** and offering advice on **staying well**.

What does a Health Ambassador do?

- ▶ Welcome visitors.
- ▶ Provide information related to Covid-19, symptoms, and best practices for staying healthy.
- ▶ Inform where to find available resources.

What are local governments doing?

- ▶ Municipal and tribal governments want to keep their businesses, parks, streets, sidewalks, transportation infrastructure, and beaches safe.
- ▶ Local governments understand the unique layout of their communities. Engaging with local government regarding high traffic areas, parking restrictions, and other preferred accommodations is a best practice.
- ▶ Further, local governments are also well positioned to support best practices for limiting the spread of COVID-19, including, for example, increased cleaning of public restrooms.
- ▶ Local governments can also help State officials promote compliance with COVID-19 Prevention Checklists, which are integral to Maine's public health efforts to ensure the health and safety of everyone; this includes business owners, employees, clients and tourists.

Best practices in public spaces

Physical distancing should be maintained, and physical structures can be used to encourage this distancing; fences, tape, and signage can help serve this purpose.

Crowds should be limited in front of restaurants, bars, beaches, and other public spaces.

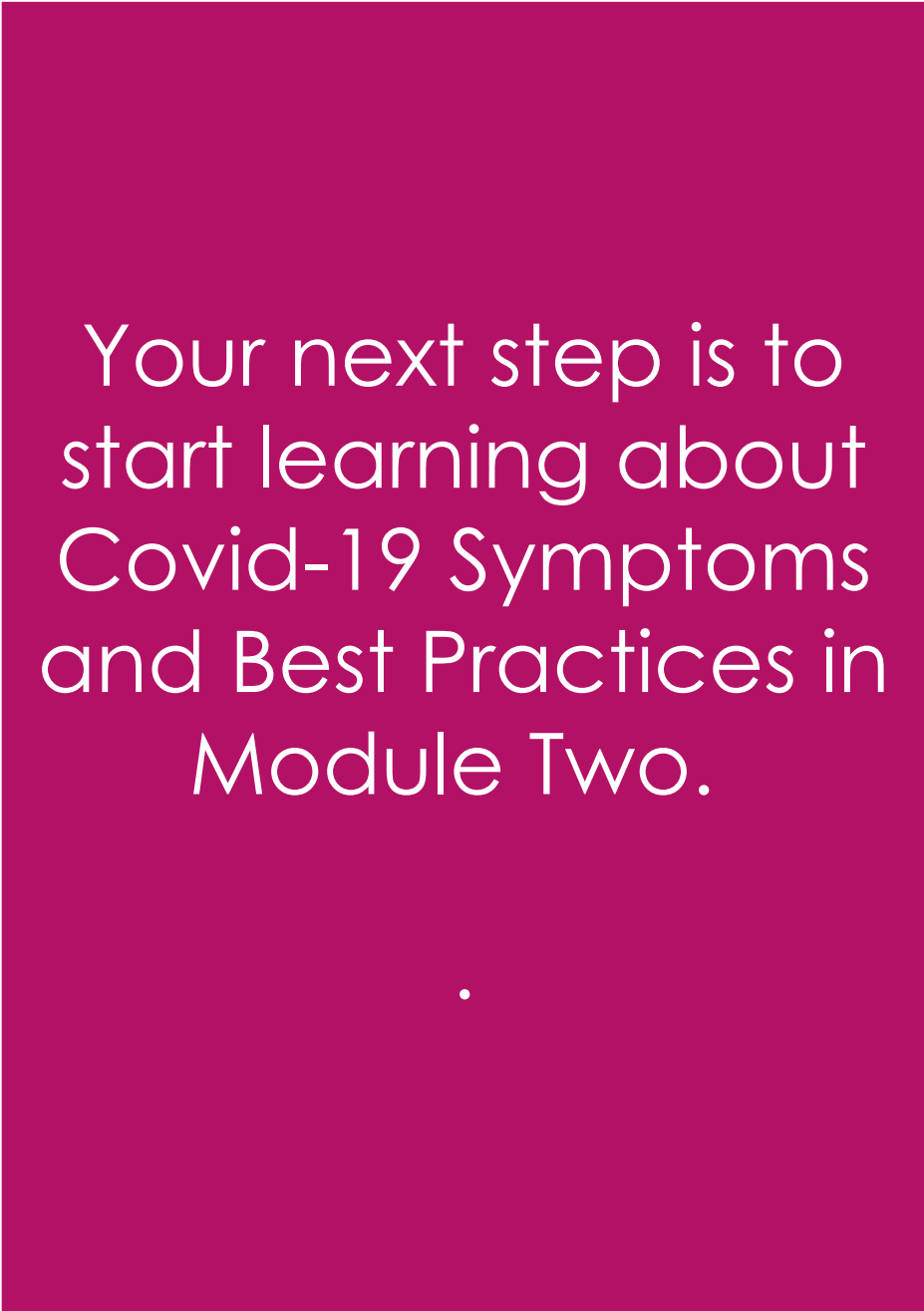
Hand sanitizer should be made available for staff and visitors at public spaces.

Additional staff may be required to participate in regular cleaning and management of public spaces and restroom facilities.



Congratulations!

You made it to the end of the module.



Your next step is to start learning about Covid-19 Symptoms and Best Practices in Module Two.

.